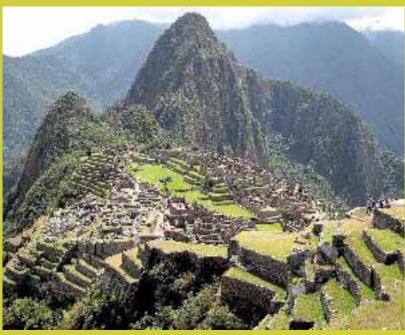
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TRAVEL



Machu Picchu left me full of wonder

Late deals

IT'S just gone 11am on a wet Friday morning high in the Andean cloud forest and I'm stopped in my tracks.

Bears, llamas and large spiders are

mon sights in this remote corner of Peru but not this kind of species - and At the end of a stone path snaking

through thick vegetation and teeming with exotic birds, former footballer Tomas Brolin is on his mobile.

This is the former Sweden star whose

Graham "do I not like that" Taylor's England side out of the tournamen

He's the last creature I expected to see at an altitude of 6692ft. But Tomas and I turn out to be in

visit to the Inca wonder Machu Picchu do we both like that. Brolin-sized surprises crop up as often

as roasted guinea pig on a menu in this wonderful Latin American country. Take the capital Lima, home to a third

of the country's 30million population

and now a direct British Airways flight away from Gatwick. Overcrowded, uncomfortably humid and permanently shrouded in mist, first mpressions aren't great. Then there's the traffic. There are two million cars on

roads and, with next to no public transport, getting anywhere fast is nigh on

But this is a city going places, albeit very slowly and Lima is experiencing

a cultural revolution. It has a thriving food scene, largely located in the hip seaside Miraflores district. And the city attracts big-name

the Rolling Stones and Drive down the Pacific

Ocean coastal road and vou'll find surfers riding packed and beachside If it's ancient ruin

you're after, you don't need to travel far There's the pre-Inca Huaca Pucliana oyramid in Miraflores or the Pachacamac emple archaeological site on the

Most visitors to Lima spend a day (at most) here before going home or fleeing to the hills. There's no need to rush to the nountains because it's just a one-hour flight to the Andean capital Cusco.

In fact, travellers are urged to rest after a long flight so their bodies are ready for the stresses of altitude. Going rom sea level to 11,154ft in just 60 minutes can be a shock to the system Being short of breath and having a slight leadache isn't uncommon as you walk

But when you do catch your breath ou'll soon have it taken away again by the incredible scenery.

As the sun set behind snow-capped

ountains, we drove past grazing alpacas and fields of potatoes on our way o Urubamba in the Sacred Valley.

At Ollantaytambo, a little town where the Inca Trail starts, we caught a train for the short journey to Machu Picchu town We stayed at the rustic Inkaterra Machu Picchu Pueblo Hotel, a favourite

> Guetta, as well as Brolin At sunrise the next day Machu Picchu's Inca

citadel and two hours over it. It was magical Back down the valley ve caught the train back

o Ollantavtambo. Later we checked in to Jrubamba and the following morning went

Our last stop was in Cusco. I thought the ancient Inca capital would be low-key. But it was party time, as I found out when I crawled home at 3am, slightly Inca-pacatated

IDYLL BE FINE, REALLY

Tackling a steep, twisty mountain road is quite a challenge in a motorhome-and it's quite tough on a bike, too

>> KATRINA TWEEDIE WITH three sons to amuse, we are experts in camping or renting cottages to seek out adventurous holidays exploring Scotland every year.

Let me rephrase, my husband camps while I scour websites for pretty cottages with proper beds and a fridge for chilling the wine.

This year, the designated destination was Applecross, the tiny and very remote village on a peninsula in Wester Ross. It is accessible either via a

circuitous and picturesque route round the peninsula, or across the infamous Bealach na Ba, the historic single-track road twisting over the mountain.

The Bealach is also a must-do road for serious cyclists and one that my boys wanted to tick off their list.

Our route there wasn't exactly a direct one, via Perthshire and Glencoe, so it was a challenge only made possible because we had a motorhome for the week.

I took notes as Graeme Whitemore from BC Motorhomes in Avr talked me through the necessities of our home on wheels.

And that's exactly what it felt like, with enough beds to sleep six, a fully functional kitchen (with fridge) and a toilet and shower

At more than 7m long, turning corners had to be anticipated in advance but the motorhome was easy to drive.

Night one at Scone Palace campsite in Perth was an important lesson in organisation and order - not always easy with three sons aged, 14, 12 and seven. Night two in Glencoe we began

to understand the importance of personal space and increasingly the kids began to stay outside on their bikes.

Our third destination was Wester Ross, after a long but beautiful drive 125 miles north through Fort William up to the Kyle of Lochalsh, with a brief stop at Eilean Donan Castle before powering north again.

Kinlochewe campsite was a perfect base for parking and settling for a few days to explore the extraordinary landscape.

"Like Arran on steroids," said my husband Lindsay, as we gasped at



OUTDOOR ADVENTURE Katrina and Harry take a breather on the lochside

the spectacular mountains and ever-changing sky.

The next few days were spent exploring the area from Torridon to Gairloch and stopping for cappuccinos and cakes in Highland cafes serving fashionable food.

With menus offering chia seeds, quinoa salads and flat whites, many could have been transported from the west end of Glasgow.

On one drive to Gairloch, the boys spotted a golf course and decided to go for a quick nine holes. Max and I collected shells on the beach that overlooks the Minch, on what felt like the first

really warm day of the year. Then, while we waited for the golfers, we brewed up a cuppa in our mobile kitchen in the golf club car park.

That's one of the real luxuries of a camper van, being able to turn any beauty spot into your own personal cafe.

But we hadn't come all this way not to tackle the Bealach, so on a morning with blue skies and no wind, they set off cycling the 30 or so miles to the start of the hill, stopping for a hot chocolate to calm nerves before they tackled the pass.

Behind the wheel of our support

vehicle/home I also anxiously tackled the road while the cyclists puffed their way up the mountain

In the end, I was fine and met Lindsay and the boys Harry and Cammy at the summit for the obligatory victory photos.

The descent into Applecross was just as daunting, with steep slopes and twisty bends. By then, I was driving like a pro and I knew there was a great reward – seafood lunch at the world-famous Applecross Inn. After a week of parking up the

trusty motor home in a series of first-class campsites, we decided to wild camp for our last night as our

motorhome had enough power and water for to be completely

self-sufficient for up to three days. We found the perfect spot on the banks of Loch Torridon.

from a fisherman in the tiny village of Shieldaig. The boys spent an hour skimming stones on the loch just feet

It sounds idvllic - and it kind of was.



FOAD TO APPLECEOSS

(BEALACH NAMBA) TO BE TO A HEIGHT OF 2053 Ft.

WITH GRADIENTS OF Lin 5 AND HAIRPIN BENDS

NOT ADVISED FOR LEARNER DRIVERS

VERY LARGE VEHICLES OR CARAVANS

ALTERNATIVE LOW LEVEL ROUTE via

Shieldaig - Kenmore - Applecross Road

1712 miles -> 3

Facts ■ Katrina's motorhome and trip was organised courtesy of www. freedomtogo.co.uk. Hire for a weel starts at £500. from the vehicle.

For hire companies and campin sites, call 01342 336944 or go to



Late deals

■ Flying from Glasgow to Corfu on September 8, staying at 4* Mitsis Roda Beach, seven

lying from Glasgow to Cyprus on otember 13, staying at 4*Al Sentido Vasia ach, seven nights, from £569pp.

YOU HAVE

BEEN WARNED

Signs let drivers know

Lindsay and

boys playing golf and on

Late deals

to Corfu on July 29,

staving in the Theo

Hotel in Aghios

from £347pp.

■ Flying from Edinburgh

Georgios, bed and breakfast, seven nights,

■ Flying from Glasgow

11, staying in Villa Las

self-catering, seven

nights, from £427pp.

■ Flying from Glasgow

to Majorca on June 11,

Torre Blanca in Sa Coma,

nights, from £1167 for a

staying in HSM Club

all-inclusive, seven

family of three.

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Palmas in Mijas,

to Costa del Sol on June

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LOCH AND AWE Spectacular scenery as motorhome parks up

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